



For immediate release –

Voyaging with Kids Fills a Major Gap in the Cruising Bookshelf

"This informative, well-written guide, sprinkled with personal success stories from cruising sailors who made the break, covers every base an adventuresome clan needs to set sail for distant shores. The only question that will ultimately remain is: Why didn't we do this sooner?" –Herb McCormick, Executive Editor, Cruising World magazine

"For far too long there has been a gaping hole in the cruising bookshelf—a comprehensive resource on taking your children along. Voyaging with Kids more than ably fills that hole by sharing the hard-won lessons from the book's three authors, all of whom have done it, and by drawing on the experiences of other cruising parents and cruising kids."—Beth Leonard, Author, The Voyager's Handbook

The overwhelmingly favorable reactions from early readers of *Voyaging with Kids; a Guide to Family Life Afloat* has prompted L&L Pardey Publications to create its first full-color book with a full color interactive eBook edition to be released simultaneously at the US Sailboat Show in Annapolis, Maryland, October 8–12, 2015.

Written by three sailing parents, who have each voyaged thousands of miles with children onboard, *Voyaging with Kids* provides a factual and balanced look at the realities of family life on the sea. From their own experience, as well as information drawn from interviews with dozens of other voyaging parents, they discuss caring for an infant onboard, handling the changing needs of children as they grow, education options, ensuring parents find the private time to keep their relationships in tune, and helping children make the eventual transition back to shore life. Added to the authors' voices are sidebars from other cruising parents with specialized information on subjects as diverse as handling special diets and how your children can keep in touch with friends around the world. A unique bonus chapter, written by a dozen former cruising kids, looks at the long-term effects of breaking away from shoreside normalcy. A substantial appendix of resources provides valuable further information on the subjects covered in this book.

Though Lin Pardey will be on hand at the US Sailboat Show and also the SSCA Gam to help introduce *Voyaging with Kids*, the three authors, each of whom has written many articles for sailing publications, cannot share the pleasure of launching their first book. Michael Robertson with his wife Windy and two kids are currently voyaging through the Pacific islands; Behan Gifford with her husband Jamie and three kids are headed toward Africa from Chagos Archipelago; and Sara Dawn Johnson is exploring the north of New Zealand with her husband Michael and two daughters.

Voyaging with Kids will be available through all normal book outlets from October 15, but early birds can preorder at www.landlpardey.com for delivery by October 1.

Voyaging with Kids, 336 pages, full color, Paperback
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A media center with photographs and cover art can be found at www.voyagingwithkids.com